



Nature Center • 4105 Asbury Road • Erie, PA 16506
Brown's Farm Barn • 5774 Sterrettania Road • Fairview, PA 16415
(814) 835-5356 • www.asburywoods.org

Summer Sprouts

Friday, June 14, 21, 28, July 5, 12, 19 & 26, August 2, 9 & 16 • 10-11am

\$9 Non-Members; \$7 Members

Age 2 to 5 w/Adult • Nature Center

Little explorers and their favorite grown-up will experience hands-on nature exploration, crafts, and guided outdoor play.

Forest Bathing

Saturday, June 15, July 20, August 17 • 10-11:15am

\$5 Non-Members; \$3 Members

Age 16 to Adult • Nature Center

Enjoy a meditative walk using your senses to explore the woods, including a sit spot and a sharing circle. This program will be led by Craig Casler, Certified Instinctive Meditation Teacher and Forest Bathing Guide.

Medicinal Plant Walk

Saturday, June 15, July 20, August 10, September 15 • 12-1pm

\$5 Non-Members; \$3 Members

Age 16 to Adult • Brown's Farm

Interested in learning about the medicinal and edible plants that grow around you? Join Kristy Baird of Verity Herbs and Wellness for a guided walk to check out what's growing and learn about traditional uses and lore. This walk is open to anyone and everyone interested in learning more about local plants. Please wear weather-appropriate footwear and clothing. Meet at the gate at Brown's Farm.

Walking Wednesdays

Wednesday, June 19 & 26, July 3, 10, 17, 24 & 31, August 7 & 14 • 10-11am

Free (No registration required)

Age 8 to Adult • Nature Center

Walk with Asbury Woods' staff on Wednesdays all summer! Be sure to wear comfortable shoes, dress for the weather, and bring water. All ages are welcome but must be able to hike 2-3 miles.

Nature Safari

Tuesday, June 18 & 25, July 2, 9, 16, 23 & 30, August 6 & 13 • 11am-12pm

Free (No registration required)

Children w/Adult • Nature Center

Explore the ecosystems at Asbury Woods with a different theme each week, rain or shine, so be sure to dress for an outdoor adventure.

Make Your Own Bath Bomb

Wednesday, June 19 • 6-7:30pm

\$28 Non-Members; \$25 Members

Age 16 to Adult • Nature Center

Learn to craft flawless bath bombs and delve into the science behind these delightful creations. Each person will craft two of their own vibrant, bubbly bath bombs to take home. All materials will be provided.

Summer Solstice Campfire Hike

Friday, June 21 • 7:30-9:30pm

\$8 Non-Members; \$6 Members

All Ages • Nature Center

Celebrate the summer solstice with an evening hike followed by s'mores by the campfire. All supplies will be provided.

Pond Safari

Saturday, June 22 • 1-2:30pm

\$7 Non-Members; \$5 Members

All Ages • Nature Center

What animals will you find as you explore the watery habitats at Asbury Woods? We will provide the equipment to explore these wetland habitats.

Pennsylvania Forest Industry: Forests of Many Uses

Thursday, June 27 • 5:30-6:30pm

Free (No registration required)

All Ages • Nature Center

Healthy “working forests” provide clean air and water, wildlife habitat, recreation and green space. They also provide jobs and the beautiful wood products that fuel our daily lives! Learn about the many uses and types of forest products, sustainable forest management, the importance of active management for healthy “working” forests, and about current threats to PA forests. This program will be presented by the Allegheny Hardwood Utilization Group (AHUG). AHUG provides education on sustainable forestry, the role of working forests in PA, responsible timber harvesting, wood products, and all the great careers available in the Pennsylvania forest and wood products industry.

Hike to Celebrate National Forest Week

Tuesday, July 9 • 6:30-7:30pm

Free (No registration required)

All Ages • Nature Center

Celebrate National Forest Week with a trek through Asbury Woods. Be sure to wear comfortable shoes, dress for the weather, and bring water. All ages are welcome but must be able to hike 2-3 miles.

Mushroom Discovery Hikes

Saturday, July 13 • 10-11:30am

\$7 Non-Members; \$5 Members

Age 16 to Adult • Nature Center

Join local mushroom hunters as they share how to identify a wide range of fungi while strolling the Asbury Woods property. May 5 will be led by Dr. Matthew Gacura from Gannon University, and July 13 will be led by John Vanco and Kelly Armor, avid amateur mycologists. Asbury Woods does not allow harvesting, so be ready to enjoy the hunt and take home only memories and photos.

Introduction to Herbs for Wellness

Tuesday, July 16 • 6-7pm

\$5 Non-Members; \$3 Members

Age 16 to Adult • Nature Center

Curious about using herbs the way our ancestors did for food and medicine? Join Kristy Baird of Verity Herbs and Wellness for a discussion on modern ways to use the herbs we grow in our gardens. Plants have been used since time immemorial to support our wellness and vitality. Discover safety tips, preservation techniques, ethical considerations, and more. This talk will be a broad introduction to the world of herbs, complete with tea samples!

Love Your Tree with White Pine Center for Healing

Saturday, July 27 • 3-4:15pm

\$2

Age 5 to Adult • Nature Center

Love Your Tree is an arts-based body positivity program that celebrates body diversity utilizing creativity. White Pine Center staff will lead an engaging discussion around body acceptance and appreciation connecting the differences and diversity seen in nature with those in people, as living things. Families will be given materials to translate this message into a physical representation, highlighting the value in the uniqueness that makes them who they are. Children under 12 must be accompanied by an adult.

Pressed Flower Craft

Thursday, August 8 • 6-7pm

\$18 Non-Members; \$15 Members

Age 16 to Adult • Nature Center

Use pressed flowers to create a unique glass candle jar. All materials will be provided but you are welcome to bring your own pressed and dried flowers.

Veterinary Medicine 101 Day Camp

Tuesday, August 20 • 9am-4pm

\$110 Non-Members; \$90 Members

Age 12 to 16 • Nature Center

Are you interested in a career in veterinary medicine? Join certified veterinary technician, Patti Cioccio, for this day full of lessons and activities designed to teach you about this career field. Topics will include general wellness exams, bandaging, suturing, anatomy, CPR practice, and much more. This is a great starting point for anyone wanting to learn more about the field of veterinary medicine. Children should bring a lunch, a water bottle and snacks for the day.

Fish Field Day

Saturday, August 24 • 11am-2pm

Free (No registration required)

All Ages • Nature Center

Join Asbury Woods and local partners for this fun-filled day exploring fish! Get up close and personal with our resident trout through our Trout in the Classroom program. Meet living creatures that are on a trout's menu, test water quality to see if fish can survive, and learn all about tying flies and fly fishing. Families are sure to have a swimming good time!



Thursdays | 2-3pm

All Ages

FREE

Join Asbury Woods' for hands-on, minds-on nature and science-based activities every Thursday at different city parks throughout the summer. With different activities each week, families can discover underwater creatures, explore parks through scavenger hunts, act like busy bees, and much more. Thanks to a partnership with Hooked on Books for Kids, each child will receive a free book at each event.

Sponsored by Erie Community Foundation with special thanks to Hooked on Books.

June 13

Perry Square, 571-601 State St.

•**Insides & Outsides** | Explore Animal Pelts & Skulls

June 20

Bayview Park, W 2nd St.

•**Underwater Creatures** | Find Creatures Big and Small

June 27

McKinley Park, East Ave. & E 23rd St.

•**Trees Are Terrific**

July 18

Bayview Park, W 2nd St.

•**Insides & Outsides** | Explore Animal Pelts & Skulls

July 25

Perry Square, 571-601 State St.

•**Underwater Creatures** | Find Creatures Big and Small

August 1

Wayne Park, E 6th St. & East Ave.

•**I Spy!** | Nature Scavenger Hunt

August 15

McClelland Park, 2600 E 26th St, Erie, PA 16510

•**Trees Are Terrific**